CRISIS SUPPORT

Community Crisis Centre — **24hr: 519-973-4435**
1030 Ouellette Ave, Windsor

ConnexOntario — **1-866-531-2600**
connexontario.ca

Kids Help Phone — **1-800-668-6868**
Texting available: 686868

Mental Health & Addictions Urgent Crisis Centre — **519-257-5111 x77968**
1030 Ouellette Ave, Windsor
24 hours, 7 days/week

Mental Health Police Response Teams

Windsor Crisis Response Team	519-255-6700 x4203
Amherstburg COAST	519-736-0208
Essex County MHRU - Essex	519-723-4600
Leamington	519-324-0123
LaSalle COAST	519-250-5048

Sexual Assault Crisis Centre of Essex County — **24hr: 519-253-9667** saccwindsor.net
Crisis support and counselling for people who have experienced sexual violence.

Suicide Crisis Helpline — **9-8-8**

Victim Services of Windsor & Essex County
1219 Hicks Rd, 10th Conc, Essex — **519-723- 2711**

Windsor-Essex Children's Aid Society 1-800-265-4844
To report child abuse or neglect.
wecas.on.ca

ADDITIONAL RESOURCES

211 South West Region — **211**
211southwest.ca

Health811 — **811**
health811.ontario.ca

Soup Shack
636 Goyeau St, Windsor
7 days, 7pm-9pm

Street Help — **519-977-9200**
964 Wyandotte St E, Windsor
street-help.com

Windsor-Essex County Health Unit — **519-258-2146**
1005 Ouellette Ave, Windsor
wechu.org

WEC Connect — **wecoss.ca/wec_connect**

ADDICTIONS

Alcoholics Anonymous — **519-256-9975**
windsoraa.org

Brentwood Recovery Home — **519-253-2441**
2335 Dougall Ave, Windsor
brentwoodrecovery.com

Hand in Hand Support — **519-419-5500**
3020 Sandwish St, Windsor
handinhandsupports.com

Hotel-Dieu Grace Healthcare Programs
HDGH, 1453 Prince Rd, Windsor
hdgh.org/MHOutpatientPrograms

Centre for Problem Gambling & Digital Dependency Outpatient Treatment Program — **519-254-2112**
hdgh.org/problemgamblingservices

Concurrent Disorders Treatment Program — **519-257-5125 x1**

Windsor Addiction Assessment & Referral — **519-257-5220**

Withdrawal Management Centre — **519-257-5225**
3740 Connaught Ave, Windsor
hdgh.org/withdrawalmanagement

House of Sophrosyne — **519-252-2711**
5305 Adstoll, Windsor
sophrosyne.ca

The Phoenix Recovery Program — **519-973-5573**
Downtown Mission, 875 Ouellette Ave, Windsor
downtownmission.com

RE/ACT Windsor-Essex — **519-566-2115**
502 Wyandotte St W, Windsor
weflourish.ca/react

Salvation Army — **519-253-7473**
355 Church St, Windsor
salvationarmywindsor.ca

Sobriety Through Accessing Group Education & Support (CMHA-WECB) — **519-255-7440**

Street Health (weCHC) — **519-997-2824**
1200 University Ave W, Windsor

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HOUSING/EMERGENCY SHELTERS

Downtown Mission — **519-973-5573**
875 Ouellette Ave., Windsor
downtownmission.com

Hiatus House — **24hr: 519-252-7781**
250 Louis Ave, Windsor
hiatushouse.com

Homelessness & Housing Help Hub — **519-254-4824**
400 Wyandotte St. E., Windsor

Housing Information Services — **519-254-4824**
200-3450 Ypres, Windsor

Matthew House - *Refugee Welcome Centre*
3185 Forest Glade Dr, Windsor — **519-945-7627**
matthewhousewindsor.org

Our Lady of Guadalupe Home of Windsor
591 Alexandrine St, Windsor — **519-962-4861**
ologhome.com

Salvation Army *(Men only)* — **519-253-7473**
355 Church St., Windsor
salvationarmywindsor.ca

St. Leonards' House — **519-256-1878**
491 Victoria Ave, Windsor
Can self-refer; but must be incarcerated to qualify
stleonardswindsor.com

Welcome Centre Shelter for Women & Families — **519-971-7595** *(Call to confirm availability)*
500 Tuscarora St, Windsor
welcomecentreshelter.com

ONLINE & PHONE SUPPORT

BounceBack Ontario — **1-866-345-0224**
www.bouncebackontario.ca

Breaking Free (from Substance Use)
www.breakingfreeonline.ca

The Warm Line — **416-960-9276**
progressplace.org

Windsor-Essex Compassion Care Community — **519-728-1435** x208
weccc.ca

Post-Secondary Student Helpline

Good2Talk — **1-866-925-5454**
Text GOOD2TALKON to 686868
good2talk.ca

Canadian Mental Health Association
Windsor-Essex County

1400 Windsor Ave., Windsor • 519-255-7440

COMMUNITY RESOURCES



For more resources in Windsor-Essex please call 211 or visit 211ontario.ca.

2SLGBTQIA+

LGBT Youthline 647-694-4275
Text Only
youthline.ca

QConnect Youth Drop In 226-348-3378
Market Square, 216-2109 Ottawa St,
2nd Flr, Windsor

Queer & Trans Migrant Advocacy Alliance of Windsor-Essex 226-759-6751
1435 Tecumseh Rd E, Windsor
queertalliancewe.org

Trans Lifeline 1-877-330-6366
Peer support service run by trans people, for trans and questioning callers.
translifeline.org

Trans Wellness Ontario 226-674-4745
1435 Tecumseh Rd E, Windsor
transwellness.ca

Windsor-Essex Pride Fest 519-946-4740
216-2109 Ottawa St, Windsor
wepridefest.com

SENIORS

Alzheimer Society of Windsor-Essex 519-974-2220
2135 Richmond St, Windsor
alzheimer.ca/windsoressex/

Geriatric Assessment Program 519-257-5111
Casgrain Wing, 3rd Flr, 1453 Prince Rd, Windsor
hdgh.org/geriatricassessmentprogram

Life After Fifty 519-254-1108
8787 McHugh St, Windsor
635 McEwan Ave, Windsor
lifeafterfifty.ca

South Essex Community Council
215 Talbot St E, Leamington 519-326-8629
21 Mill St W, Unit B, Kingsville 519-733-5784
1168 Drouillard Rd, Windsor 519-915-5362
secc.on.ca

LEGAL

Community Legal Aid 519-253-7150
c/o University of Windsor, Faculty of Law
401 Sunset Ave, Windsor
communitylegalaidwindsor.com

Legal Assistance of Windsor 519-256-7831
2 - 443 Ouellette Ave, Windsor
legalassistanceofwindsor.com

YOUTH

Essex County Youth Diversion 519-253-3340
1015 Highland Ave, Windsor
ecyouthdiversion.ca

LaSalle Hangout for Youth 519-970-9629
1400 Front Rd, Unit 2, LaSalle
lasallehangout.org

Maryvale Adolescent & Family Services 519-258-0484
3640 Wells St, Windsor
maryvale.ca

New Beginnings
1015 Highland Ave, Windsor 519-971-0973
1049 Janette Ave, Windsor 519-254-2363
newbeginningswindsor.com

Regional Children's Centre 519-257-KIDS (5437)
3901 Connaught Ave, Windsor
hdgh.org/rccservices

Teen Health Centre *(12-24 yrs)* 519-253-8481
1361 Ouellette Ave, Windsor
wechc.org/location/teen-health/

The Bridge Youth Resource Centre 226-773-3454
(14-24 yrs)
310 Sherk St, Leamington
thebridgeyouth.ca

The House Youth Centre 519-736-6811
400 - 320 Richmond St., Amherstburg
thehouseyouthcentre.com

Windsor Youth Centre 226-674-0006
(Program of the Downtown Mission, 16-29 yrs)
1247 Wyandotte St E, Windsor
downtownmission.com

Windsor Residence for Young Men 226-221-8464
(16-24 yrs)
1505 Langlois Ave, Windsor
wrym.ca

Youth Wellness Hub Windsor-Essex 519-800-8640
(12-25 yrs)
215 Eugenie St W, Unit 106, Windsor
youthhubyqg.com

PRIMARY CARE

Brain Injury Association of Windsor & Essex County 519-981-1329
Mailing address only:
1100 University Ave W, Windsor
biawe.com

Pozitive Pathways 519-973-0222
511 Pelissier St, Windsor
pozitivepathways.com

Windsor Essex Community Health Centre
Sandwich 519-258-6008
3325 College Ave, Windsor
Diabetes Wellness 519-997-2823
107 - 2885 Lauzon Parkway, Windsor
Leamington 519-997-2828
450 - 33 Princess Ave, Leamington
Downtown 519-997-2824
1200 University Ave W, Windsor
East Windsor 519-997-2827
107 - 2885 Lauzon Parkway, Windsor
wechc.org

Windsor Family Health Team 519-250-5656
245 - 2475 McDougall, Windsor
windsorfht.ca

MENTAL HEALTH

Bulimia Anorexia Nervosa Assoc. 519-969-2112
100-1500 Ouellette Ave, Windsor
bana.ca

Family Services Windsor-Essex 519-966-5010
1770 Langlois Ave, Windsor
fswe.ca

Hotel-Dieu Grace Healthcare Mental Health Outpatient Programs
Mood & Anxiety Treatment Program 519-257-5125 x1
Wellness Program for Extended Psychosis 519-257-5111 x76830
HDGH, TNI 2nd Flr, 1453 Prince Rd, Windsor
hdgh.org/MHOutpatientPrograms

Julien's House *(Bereavement/Grief)* 519-945-2273
juliens house.ca

Mental Health Connections 519-256-4854
370 Erie St E, Windsor
mentalhealthconnections.ca

INDIGENOUS SUPPORTS

Can-Am Indian Friendship Centre 519-253-3243
2929 Howard Ave, Windsor
caifc.ca

Hope for Wellness Help Line 1-855-242-3310
Online chat: www.hopeforwellness.ca
24/7

Southwest Ontario Aboriginal Health Access Centre 519-916-1755
2-1405 Tecumseh Rd W, Windsor
soahac.on.ca

1-844-413-6649
24/7 Support Line to receive emotional support related to missing and murdered Indigenous women and girls.

SUPPORT PROGRAMS

Community Support Centre of Essex County
962 Old Tecumseh Rd, Unit 4, Belle River
communitysupportcentre.ca 519-728-1435

Drouillard Place 519-253-1073
1102 Drouillard Rd, Windsor
drouillardplace.ca

Ontario Disability Support Program 519-254-1651
270 Erie St E, Windsor

Ontario Works 519-255-5200
400 City Hall Sq E, Windsor
citywindsor.ca/residents/social-services/ontario-works

YMCA of Windsor Essex County 519-258-9622
ymcaswo.ca

NEWCOMERS

Multicultural Council of Windsor & Essex County 519-255-1127
245 Janette Ave, Windsor
themcc.com

New Canadians' Centre of Excellence 519-258-4076
660 Ouellette Ave, Windsor
ncceinc.org

Women's Enterprise Skills Training of Windsor Inc. (WEST) 519-256-6621
201-647 Ouellette Ave, Windsor
westofwindsor.com