Suicide Awareness Month – September 2026

Background
Now in its eleventh year, Suicide Awareness Month brings together community partners to promote suicide prevention, awareness, life promotion, and education, to let those struggling know they are not alone, and to provide support for those bereaved by suicide.

This toolkit includes resources that you can utilize to participate in Suicide Awareness Month.

Contents *(see following pages)*

Logo
Social Media Banners
Teams/Zoom Background
Email Signature
Social Media Messages

Other Resoures

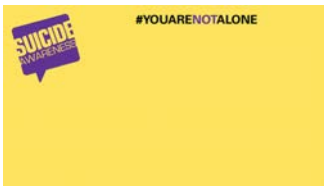
- 9-8-8 Facts About Suicide
- 9-8-8 Community Resources
- 9-8-8 Suicide-safe Language
- 9-8-8 Guidelines for Media
- 9-8-8 Risk Factors

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Graphics

Email Signature



Teams/Zoom Background



Logos

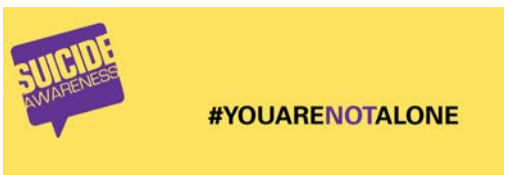




Social Media Cover Images
Facebook



X (Twitter)



Instagram

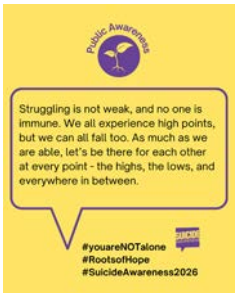


SUICIDE AWARENESS

YOU ARE NOT ALONE

WINDSORESSEX.CMHA.CA/SUICIDEAWARENESS/

Suicide Awareness Month – September 2026
Social Media Posts













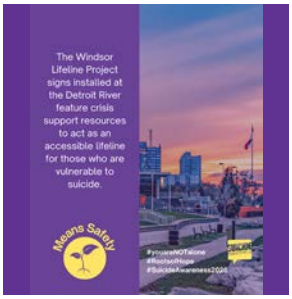






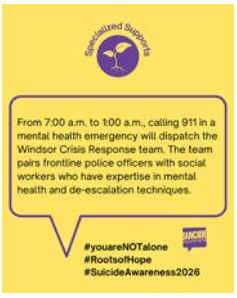




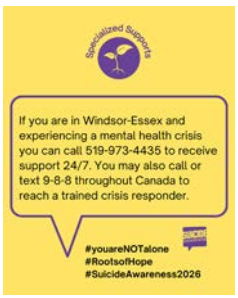


















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