



**INTERNATIONAL
AGRICULTURAL WORKER
WELLNESS PROGRAM**



**Canadian Mental
Health Association**
Windsor-Essex County

Community well-being is our sole focus

HOST A WORKSHOP!

**Support your farm workers by hosting
a FREE workshop, virtual or in-person.**

**Choose from our current offerings
available in English or Spanish:**



**UNDERSTANDING LONELINESS & BUILDING
COMMUNITY - 1 HOUR**



MANAGING STRESS - 1 HOUR



BOOK TODAY & LEARN MORE:



**Sustainable Canadian
Agricultural Partnership**



**Canadian Mental
Health Association**
Ontario