

SUICIDE AWARENESS

WALK

RAIN OR SHINE

5KM
OR 2KM

SEPTEMBER 29, 2024

ST. CLAIR COLLEGE SPORTSPLEX
2000 TALBOT ROAD WEST, WINDSOR

8:30 FREE Registration (Sportsplex lobby or Pre-Register online)

9:30 Welcome and Opening Remarks,
Walk to Follow

There will be refreshments, entertainment,
and information booths all morning.

Save time by pre-registering for FREE at
<https://raceroster.com/events/2024/92919/sam-walk-2024>

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#SuicideAwareness2024 #YouAreNotAlone

YOU ARE NOT ALONE



Canadian Mental
Health Association
Windsor-Essex County
Community well-being is our sole focus.