

ADDICTIONS

Alcoholics Anonymous	519-256-9975
Brentwood Recovery Home	519-253-2441
Centre for Problem Gambling & Digital Dependency HDGH, 1453 Prince Rd., Windsor	519-254-2112
Concurrent Disorders Treatment HDGH, 1453 Prince Rd.	519-257-5125 x1
Drug & Alcohol Registry of Treatment	1-800-565-8603
House of Sophrosyne	519-252-2711
New Beginnings Non-Residential Attendance Centre	519-971-0973
Phoenix Recovery Program Downtown Mission, 875 Ouellette Ave.	519-973-5573
Positive Pathways Harm Reduction	519-973-0222
RE/ACT Windsor-Essex www.reactwindsor.ca	519-566-2115
Recovery Canada	519-326-3635
Salvation Army	519-253-7473
Sobriety Through Accessing Group Education & Support (S.T.A.G.E.S.) CMHA	519-255-7440
Street Health (weCHC)	519-997-2824
Windsor Addiction Assessment & Referral	519-257-5220
Windsor Family Health Team	519-250-5656
Withdrawal Management Centre	519-257-5225

HOUSING/EMERGENCY SHELTERS

Downtown Mission 875 Ouellette Ave., Windsor	519-973-5573
Hiatus House Crisis support, emergency shelter for women and children experiencing intimate partner violence.	24hr: 519-252-7781
Homelessness & Housing Help Hub 400 Wyandotte St. E., Windsor	519-254-4824
Housing Information Services 200 - 3450 Ypres, Windsor	519-254-4824
Salvation Army (Men only) 355 Church St., Windsor	519-253-7473
Welcome Centre Shelter (Women & Families only) 500 Tuscarora St. (Call 519-971-7595 to confirm)	519-971-7595

ONLINE & PHONE SUPPORT

BounceBack Ontario www.bouncebackontario.ca	1-866-345-0224
Suicide Crisis Helpline National Phone Line	9-8-8
Windsor-Essex Compassion Care Community www.weccc.ca	519-728-1435 x208
Breaking Free from Substance Use www.breakingfreeonline.ca	
Post-Secondary Student Helplines Good2Talk	1-866-925-5454

ADDITIONAL RESOURCES

Windsor-Essex County Health Unit	519-258-2146
Community Info & Referral	211
Mental Health & Suicide Prevention Education & Training mhp@cmha-wecb.on.ca	519-255-7440 x234

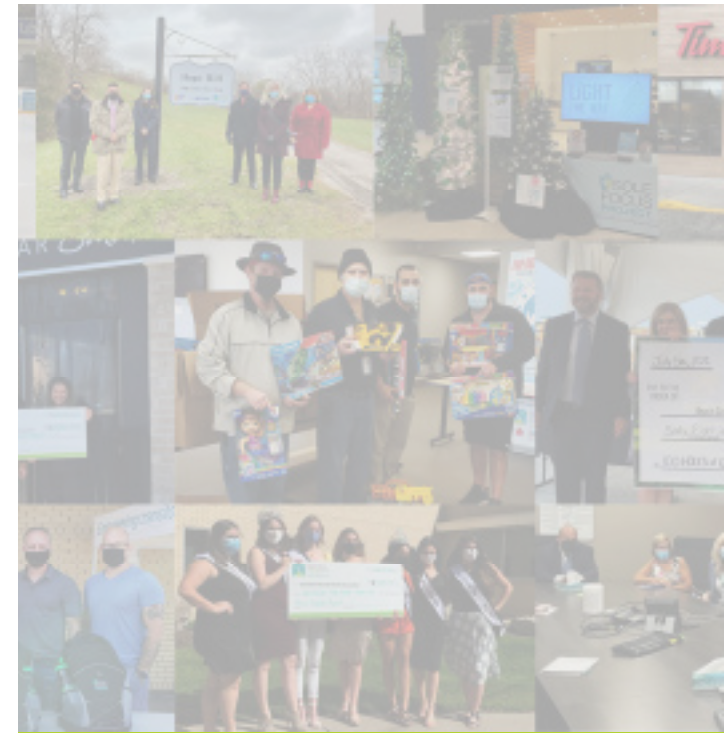


**Canadian Mental
Health Association**
Windsor-Essex County

Community well-being is our sole focus.

1400 Windsor Ave., Windsor • 519-255-7440

COMMUNITY RESOURCES



For more resources in Windsor-Essex
please call 211 or visit 211ontario.ca.

COMMUNITY RESOURCES

2SLGBTQIA+

LGBTYouthline (Text only) 647-694-4275

Q Link 226-348-3378

Trans Wellness Ontario 226-674-4745
1435 Tecumseh Rd. E., Windsor

Windsor Pride 519-973-4740
1770 Langlois Ave.

Youth

Essex County Youth Diversion 519-253-3340
1821 Provincial Rd., Windsor

LaSalle Hangout for Youth 519-970-9629
1400 Front Rd., LaSalle

Maryvale Adolescent 519-258-0484
Family Services (Ages 11-17)
3640 Wells St., Windsor

Noah's House (Youth Mental Health) 519-250-9096
2343 Pillette Rd., Windsor

Regional Children's Centre 519-257-KIDS (5437)
Teen Health Centre (up to age 24) 519-253-8481
(WECHC) 1361 Ouellette Ave., Windsor

The Bridge Youth Resource Centre 226-773-3454
310 Sherk St., Leamington

The House Youth Centre 519-736-6811
400 - 320 Richmond St., Amherstburg

The Windsor Youth Centre 226-674-0006
(Program of the Downtown Mission)
1247 Wyandotte St. E., Windsor

Windsor Residence for Young Men 226-221-8464
1505 Langlois Ave., Windsor (Ages 16-20)

Youth Wellness Hub Windsor-Essex 519-800-8640
215 Eugenie St. W., Windsor

Seniors

Alzheimer Society of Windsor-Essex 519-974-2220
2135 Richmond St., Windsor

Geriatric Assessment Program 519-257-5112
Geriatric Mental Health Outreach Team
Hôtel-Dieu Grace Healthcare 519-257-5105

Life After Fifty (2 locations) 519-254-1108

Legal

Community Legal Aid 519-253-7150

Legal Assistance of Windsor 519-256-7831

Newcomers

Can-Am Indian Friendship Centre 519-253-3243
2929 Howard Ave., Windsor

Multicultural Council of Windsor 519-255-1127

New Canadians' Centre of Excellence 519-258-4076

Primary Care

Brain Injury Association of Windsor & Essex County 519-981-1329
856 Victor Dr., Windsor

Positive Pathways 519-973-0222
511 Pelissier St., Windsor

Windsor Family Health Team 519-250-5656
2475 McDougall, Unit 245

Sandwich Community Health 519-258-6002
(WECHC) 3325 College Ave., Windsor

Mental Health

Bulimia Anorexia Nervosa Assoc. 519-969-2112
1500 Ouellette Ave., Ste. 100, Windsor

Family Services Windsor-Essex 519-966-5010
1770 Langlois Ave., Windsor

Julien's House (Bereavement/Grief) 519-945-2273

Mental Health Connections 519-256-4854
370 Erie St. E., Windsor
NAMI Family to Family Education Program

Mood/Anxiety Treatment Program 519-257-5125 x1

Wellness Program 519-257-5111
for Extended Psychosis x76830

Support Programs

Drouillard Place 519-253-4446
1102 Drouillard Rd., Windsor
Mon-Fri 8:30am-4:30pm
(Must live within agency boundaries)

Ontario Disability Support Program 519-254-1651
270 Erie St. E., Windsor

Ontario Works 519-255-5200
For Applications: 519.255.5600

YMCA of Windsor Essex County 519-258-9622

INDIGENOUS SUPPORTS

Hope for Wellness Help Line 1-855-242-3310
Online chat: www.hopeforwellness.ca

Southwest Ontario Aboriginal Health 519-916-1755
Access Centre
2 - 1405 Tecumseh Rd. W., Windsor

24/7 Support Line to receive emotional support related to missing and murdered Indigenous women and girls: 1-844-413-6649

CRISIS SUPPORT

Addiction, Mental Health, & Problem Gambling Services (Connex Ontario) 1-866-531-2600

Community Crisis Centre 24hr: 519-973-4435

Kids Help Phone 1-800-668-6868
Texting available: 686868

Distress & Crisis Ontario Text: 258258
dcontario.org, 2pm-2am, 365 days/per

Mental Health Police Response Teams

Windsor Crisis Response Team 519-255-6700 x4203
Amherstburg COAST 519-736-0208
Essex County MHRU - Essex 519-723-4600
Leamington 519-324-0123
LaSalle COAST 519-250-5048

Mental Health & Addictions Urgent 519-257-5111
Crisis Centre x77968
1030 Ouellette Ave., Windsor
8am-8pm, 7 days/week

Sexual Assault Crisis Centre 24hr: 519-253-9667
of Essex County
Crisis support and counselling for people who have experienced sexual violence.

Sexual Health Windsor 519-250-2949
1329 Windsor Ave, Windsor
Located Inside Core Medical Centre

Translifeline 1-877-330-6366
Peer support service run by trans people, for trans and questioning callers.

Windsor-Essex Children's Aid Society 1-800-265-4844

Windsor Regional Children's Centre 519-257-5215
3901 Connaught St., Windsor

