



The CMHA Homelessness Initiative Program provides access to modest, safe and affordable housing within the Windsor-Essex area.

The program is goal-oriented and client centered, providing supportive housing for individuals who are homeless or at risk of becoming homeless, living with a serious mental illness and require supports to fully achieve independence in their housing.

Hours of Operation

Monday – Friday
8:30 am – 4:30 pm

Contact us

-  519-255-9940 x249
-  info-referral@cmha-wecb.on.ca
-  1400 Windsor Avenue



CMHA Homelessness Initiative Program



Canadian Mental Health Association
Windsor-Essex County

Community well-being is our sole focus.



FAQ

Q. Is this program right for me?

A. This program may be right for you if you are:

- Open to learning and growth
- Looking for increased responsibility and accountability
- Committed to working on recovery goals and overall wellness
- Ready for consistent and regular engagement with supports
- Seeking to develop new skills
- Willing to embrace discomfort as part of the change process

Q. How long can I stay in the program?

A. Supportive housing services are intensive and time limited. The purpose is to promote holistic health recovery and skill building, with the goal of graduating in 12-18 months once achieving and maintaining a sustainable level of housing independence.



Eligibility/Criteria

You may be eligible for this program if you are:

- Living with a serious mental illness
- Currently homeless or at risk of homelessness
- Able to be safely supported in the community
- A Canadian Citizen or someone with Landed Immigrant Status
- Receiving a source of income (Ex: OW, ODSP, employment, OAS, CPP, etc.)
- 16 years of age or older

Expectations and Responsibilities

- Consistent and meaningful engagement and participation in mental health and housing goals-based case management
- Collaborative housing search with supports
- Regular in-home support appointments
- Monthly environmental safety assessments to ensure a safe and acceptable living environment
- Completion of the Rent Smart Program
- Regular income review to ensure and sustain eligibility
- Maintenance of tenant insurance once housed

This program offers:

- Supportive Housing Case Management assignment
- Development and implementation of care plans for health recovery and treatment
- Psychoeducation, symptom management, supportive counselling and coping skills
- Life skills and activities of daily living development
- Support and empowerment to accomplish SMART goals
- Rental subsidy (based on eligibility to assist with affordability)
- Education on rights and responsibilities for a successful tenancy and sustainable housing
- Collaboration with landlords and community partners to provide access to resources
- Assertive outreach, crisis Intervention and therapeutic relationships
- Education and engagement of natural supports

