VIRTUAL OPTIONS

ADULT LANGUAGE & LEARNING

PHONE: 519-354-7424

adultlanguageandlearning.ca

eunice@adultlanguageandlearning.ca jay@adultlanguageandlearning.ca

- Legal Rights
- Emergency Services
- · Access to Health Care
- Employment Services
- Employment Rights
- · Government Programs
- Local Community Services

TE ESCUCHO

WHAT'S APP: +52 222-861-9918

cporpaz@protonmail.com

- Psychological support in Spanish for Migrant Workers living in Canada
- Support online via message, calls, virtual meetings.
- 5 free sessions

INDIVIDUAL, CONFIDENTIAL SERVICES AVAILABLE IN-PERSON, FLEXIBLE LOCATION & HOURS

Stress, Anxiety, Anger, Living Away From Home, Addictions, Coping Strategies & More

- Referrals & Community Connection
- 1-1 Support

- Information & Resources
- Mental Health Education

PRODUCED IN PARTNERSHIP WITH



SUPPORT IS OFFERED IN MULTIPLE LANGUAGES WITH INTERPRETERS.

In need of support? Contact us today! What's App #: 519-982-6199

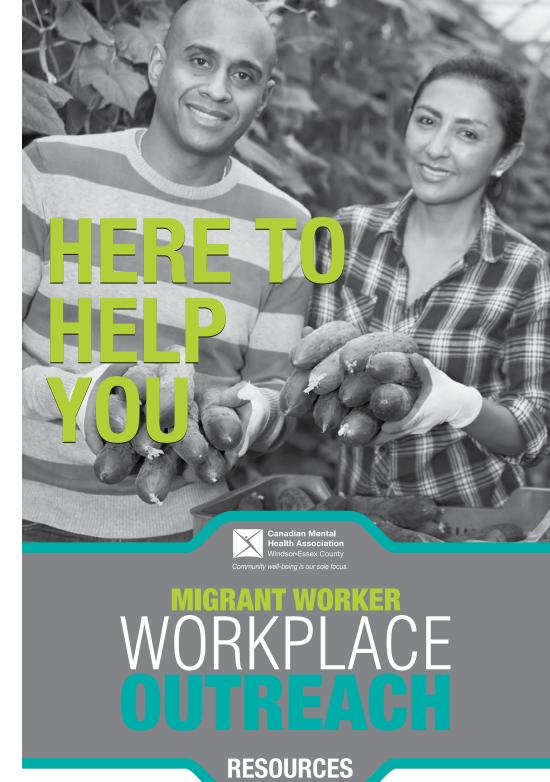












WINDSOR AREA

CMHA-WECB - WORKPLACE OUTREACH

1400 Windsor Ave., Windsor ON N8X 3L9

WHAT'S APP: 519-982-6199

windsoressex.cmha.ca

mws@cmha-wecb.on.ca

- Available on-site at various workplaces
- · Provides information and referrals
- 1-1 confidential counselling
- Mental health and well-being workshops

LEAMINGTON AREA

MIGRANT WORKER COMMUNITY PROGRAM

75 Erie St. S, Leamington ON, N8H 3B2

PHONE: 519-992-1677

Emergency Services
 Information & referral to community resources

migrantworkercommunityprogram.com

• 1-1 confidential support in person, online video call,

phone, text or email

LEGAL ASSISTANCE OF WINDSOR

443 Ouellette Ave., 2nd Floor, Windsor ON, N9A 4J2

PHONE: 519-256-7831

legalassistanceofwindsor.com

Robyn.hodge@law.clcj.ca

• Employment Supports: EI, CPP, Employment Rights

• Information Sessions & Workshops

- Emergency Support
- Social & Recreational Events
- Legal Support
- Mental Health Support

CONSULATE OF MEXICO

350 ON-77, Learnington ON, N8H 3V5

PHONE: 519-325-1460

EMERGENCY PHONE: +1-519-324-1481

info@migrantworkerscommunityprogram.com

consulmex.sre.gob.mx/leamington

atencionpublicolea@sre.gob.mx

- Employment Supports
- Emergency Support

FAMILY SERVICES WINDSOR-ESSEX

1770 Langlois Ave., Windsor ON N8X 4M5

PHONE: 519-966-5010

www.fswe.ca

info@ fswe.ca

Specify Spanish speaking therapist preferred

- Professional Counselling Sessions
- Individual Counselling for International Farm Workers
- Spanish speaking
- Master's level psychotherapist available for telephone sessions

SOUTH ESSEX COMMUNITY COUNCIL

215 Talbot St. East, Learnington, ON N8H 3X5

PHONE: 519-326-8629 EXT. 345 WHAT'S APP: 519-992-1677

secc.on.ca

info@secc.on.ca pmartinez@secc.on.ca

- Employment Supports
- Language Classes
- Interpretation & Translation
- Orientation for Migrant Workers

COMMUNITY CRISIS CENTRE

744 Ouellette Ave. Windsor, ON N9A 1C3

PHONE: 519-973-4435

- 24hr Crisis Telephone Support
- Walk-In @ 744 Ouellette Ave. Windsor. ON.
- Provide follow-up crisis support & community referrals

WINDSOR-ESSEX COMMUNITY HEALTH CENTRE (LEAMINGTON)

33 Princess Ave. Unit 450, Leamington ON N8H 5C5

PHONE: 519-997-2828

• Primary care services

wechc.org

Istrathdee@wechc.org

OHCOW

3129 Marentette Ave., Unit 1, Windsor ON, N8X 4G1

PHONE: 1-877-817-0336

- Health & Safety guidance
- Employment Supports (EI, CPP, employment rights)
- Information Sessions & Workshops

211

PHONE: *DIAL 2-1-1*

- Free, confidential health services and supports
- Financial and social assistance
- Newcomer services in 150+ languages

ohcow.on.ca/worker-perspective

ehuesca@ohcow.ca