



#YOUARENOTALONE

2023 Suicide Awareness Month CMHA-WECEB Suicide Education, Training & Community Events

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| August 30 | <i>Closed Community SafeTALK</i> – Residence Life, University of Windsor |
| September 6 | Caboto Club Charity Pasta Night |
| September 8 | Wellness & Recovery College 1 Year Anniversary Open House |
| September 8-10 | Firefest |
| September 9 | Run with Responders 5K |
| September 10 | World Suicide Prevention Day
Survivors of Suicide Loss Vigil
Brucey Fest Pasta Dinner Fundraiser |
| September 13 | Webinar – Suicide in the Workplace: How to have a conversation around suicide.
Afternoon link / Evening Link |
| September 14 | Parenting Through Grief Seminar |
| September 20 | Webinar – Postvention: Understanding grief and strategies for healing. Afternoon link / Evening link
Police Training Conference Presentation on Suicide Prevention |
| September 21/22 | ASIST |
| September 24 | Suicide Awareness Community Walk (St. Clair College)
Belle River Location registration |
| September 25 | Adult Bereavement Education Seminar |
| September 26 | safeTALK Training (CMHA-WECEB) |
| September 27 | Webinar – Brief Interventions to Prevent Suicide and Considerations from Individuals with Lived Experience
Afternoon link / Evening link
CMHA-WECEB Annual General Meeting |
| September 29 | Youth Wellness Hub Grand Opening |



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- October 4 Webinar – Talking Openly About Suicide and the Power of Human Connections [Afternoon link](#) / [Evening link](#)
- October 5 [safeTALK Training](#) (CMHA-WECB)
[ASIST Tune-up](#)
- October 6 *Closed Community safeTALK* (Big Brothers Big Sisters)