



**Canadian Mental
Health Association**
Windsor-Essex County

Community wellbeing is our sole focus.

INTERNAL/EXTERNAL POSTING

THERAPIST, CHILDREN & YOUTH PERMANENT FULL-TIME POSITION (35 HOURS/WEEK) TWO (2) YEAR MINIMUM COMMITMENT LOCATION: WINDSOR OFFICE

Under the direction of the Director, Primary Health Care this position provides group and individual therapy to children and youth who are experiencing or at risk of experiencing complicated grief. The incumbent also conducts comprehensive assessments utilizing an evidence-based tool and systems approach to identify children/youth who are experiencing or at risk of complicated grief. In conjunction with guardians, develops a plan based on needs and goals; implements the treatment plan and/or coordinates support with other team members including approved community organizations. Treatment plans for complicated grief are completed utilizing appropriate therapeutic interventions and psycho-educational support is provided to the caregivers and educators of bereaved children to assist them in supporting the child/youth's adjustment and development. This position may also deliver presentations and training to community partners and media on variety of grief and bereavement topics related to children/youth as appropriate.

Responsibilities and Duties:

- Performs therapy to children/youth who have experienced a loss.
- Provide psycho-educational support to parents/guardians to assist them in supporting the bereaved child.
- Completes comprehensive assessments for the purposes of treatment planning; this includes liaising and communicating with referral sources, parents/guardians and school personnel.
- Develops comprehensive care plans for individuals accepted into the program that include crisis prevention and symptom management plans.
- Assist individuals in prioritizing therapy needs, and in developing focused treatment plans to address these priorities;
- Provides clinical counselling to clients utilizing therapeutic approaches that are evidence informed practices for treatment;
- Mutually create plans of care with clients that maximize personal strength using a combination of clinical strategies for symptom management, relapse prevention, behaviour modification, and harm reduction;
- Provides comprehensive risk assessment and follow-up care for individuals that experience suicidal ideation;
- Facilitates therapeutic, evidence-informed groups that will address the needs of clients and impact symptom management;
- Provides intervention and short-term support to individuals experiencing a psychiatric crisis (via telephone or by personal contact);
- Consult with a Manager or designate, as outlined in program policies and procedures or where it is reasonable to assume that management consultation is required.

Education and Skills:

- Requires knowledge and skills acquired through the completion of a Masters of Social Work degree (M.S.W.) from an accredited university, with current registration with the Ontario College of Social Workers, or
 - A minimum of a Master's degree in a relevant discipline accepted by the employer such as Counselling or Psychology with certification by the College of Registered Psychotherapists of Ontario.
- Specific training in Cognitive Behavioural Therapy (CBT) is required.
- Trauma or other treatment modalities, such as certification in grief is considered an asset for this position.

- Three (3) years' experience providing clinical therapy to youth (children/youth) with experience in working with end-of-life, bereavement support and/or trauma.
- Experience in the assessment and the provision of services to those experiencing or at risk of complex grief and/or traumatic death.
- Mental health and bereavement services for children/youth; community resources for grieving children/youth and families.
- Experience with development and facilitation of group treatment programs;
- Experience in program development, implementation, monitoring and evaluation.
- Demonstrated ability to work in a multidisciplinary team.
- Effective oral and written communication skills.
- Valid Ontario Driver's License and own means of transportation are required.
- Bilingualism in both official languages at the advanced level is an asset for all agency positions.

Hours of Work:

Thirty-Five (35) hour work week, Monday to Friday. Afternoon shifts from (11am-7pm) will be required to a maximum of three shifts per week.

Salary range: Grade 10, \$36.88 – \$43.68 per hour (as of October 1, 2021)
Per 2018-2022 Collective Agreement

Please forward your cover letter and resume clearly stating how your skills and experience meet the position requirements, quoting posting reference **CMHA #49-2021 by 4:30pm Monday, September 27, 2021** to careers@cmha-weeb.on.ca.

This position is posted per Article 15 of the Collective Agreement.

CMHA strives to establish and maintain an inclusive workplace and believes that the diversity of our workforce is an invaluable asset. We are committed to following recruitment and selection practices that ensure all candidates are given a fair opportunity for employment with CMHA.