



YOU ARE NOT ALONE

WINDSORSEX.CMHA.CA/SUICIDE-AWARENESS/

SEPTEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUG. 26 Bruceyfest			1	2	3	4
5	6	7 FSWE Walk-in Counselling Clinic 12pm-8pm	8	9	10 World Suicide Prevention Day Virtual Candlelight Vigil 12:30pm OR 7pm FSWE Walk-in Counselling Clinic 9am-5pm	11
12	13 Tim Hortons SMILE COOKIE Week Begins 7:00pm-8:30pm Adult Bereavement Webinar Online via Zoom	14 9:00am – 4:30pm Suicide 2 Hope Training CMHA-WECB FSWE Walk-in Counselling Clinic 12pm-8pm	15	16 9:00am – 4:30pm ASIST CMHA-WECB	17 9:00am – 4:30pm ASIST CMHA-WECB 7pm – 12am CainerFest 2021 Rock Star Music Hall FSWE Walk-in Counselling Clinic 9am-5pm	18 7pm – 2am CainerFest 2021 Rock Star Music Hall
19 2pm-6pm #YouAreNOTAlone Car Show Lakeshore Oasis Town Centre	20 CMHA-WECB Go Green Golf Tournament Essex Golf & Country Club	21 1:30pm – 4:30pm safeTALK CMHA-WECB FSWE Walk-in Counselling Clinic 12pm-8pm	22 3:00pm-5:00pm Adult Bereavement Webinar Online via Zoom	23	24 FSWE Walk-in Counselling Clinic 9am-5pm	25
26 Suicide Awareness Month Walk - Virtual	27 7:00pm-9:30pm Parenting Through Grief Webinar Online via Zoom	28 5:00pm – 8:30pm safeTALK CMHA-WECB FSWE Walk-in Counselling Clinic 12pm-8pm	29 5:00pm CMHA-WECB Annual General Meeting <i>Via Zoom</i>	30 9:00am – 4:30pm ASIST CMHA-WECB National Day for Truth and Reconciliation	Oct. 1 9:00am – 4:30pm ASIST CMHA-WECB	