

ADDICTIONS

<u>Alcoholics Anonymous</u>	519.256.9975
<u>Brentwood Recovery</u>	519.253.2441
<u>Cocaine Anonymous</u>	519.788.3889
<u>Concurrent Disorders Treatment HDGH</u> 1453 Prince Road	519.257.5125
<u>Windsor Addiction Assessment & Referral</u>	519.257.5220
<u>DART</u>	1.800.565.8603
<u>House of Sophrosyne</u>	519.252.2711
<u>Narcotics Anonymous</u>	519.977.8063
<u>Salvation Army</u>	519.253.7473
<u>S.T.A.G.E.S. Group, CMHA</u>	519.255.7440
<u>Withdrawal Management Centre</u>	519.257.5225
<u>Women for Sobriety</u>	519.256.1497
<u>S.T.E.P.S. (1-1 support)</u>	519.997.2824
<u>Centre for Problem Gambling & Digital Dependency</u> HDGH 1453 Prince Rd.	519.254.2112
<u>Pozitive Pathways Harm Reduction</u>	519.973.0222
<u>Recovery Inc.</u>	519.326.3635
<u>New Beginnings</u> Non-Residential Attendance Centre	519.971.0973
<u>Windsor Family Health Team</u>	519.250.5656

EMERGENCY SHELTERS

<u>Downtown Mission</u> 875 Ouellette Ave.	519.973.5573
<u>Salvation Army (Men only)</u> 355 Church St.	519.253.7473
<u>Welcome Centre (Women & Families only)</u> 263 Bridge Ave.	519.971.7595
<u>Hiatus House</u> Crisis support, emergency shelter for women and children experiencing domestic violence.	24hr: 519-252-7781

ONLINE & PHONE SUPPORT

<u>Bounce Back</u> www.bouncebackontario.ca	1.866.345.0224
<u>Togetherall</u> www.togetherall.com	
<u>Canadian Suicide Prevention National Phone Line</u>	1-833-456-4566
<u>Windsor-Essex Compassion Care Community (WECCC)</u> www.weccc.ca	519-728-1435 ext. 208
<u>Breaking Free from Substance Use</u> www.breakingfreeonline.ca	

MORE RESOURCES

<u>Windsor-Essex County Health Unit</u>	519.258.2146
<u>Community Info & Referral</u>	211
<u>Mental Health Education & Training</u> <u>Suicide Prevention</u> mhp@cmha-wecb.on.ca	519.255.7440 ext.234



Canadian Mental
Health Association
Windsor-Essex County

Community well-being is our sole focus.

COMMUNITY RESOURCES



For more resources in Windsor-Essex
please call **211** or visit: **211ontario.ca**



CRISIS Support

Community Crisis Centre 24hr: **519-973-4435**

Hotel Dieu Grace Healthcare
Walk-in at TSC (744 Ouellette) 8am-8pm
(After 8pm, go to WRH Emergency)

Windsor Regional Children's Centre **519.257.5215**
3901 Connaught Avenue

Sexual Assault Crisis Centre 24hr: **519-253-9667**
Crisis support and counselling
for people who have experienced
sexual violence.

Drouillard Place **519.253.4446**
1102 Drouillard Road
Mon-Fri 8:30am-4:30pm
(Must live within agency boundaries)

Windsor-Essex Children's Aid Society **1.800.265.5609**

Kids Help Phone **1.800.668.6868**
Texting available: **686868**

Translifeline **1.877.330.6366**
Peer support service run
by trans people, for trans
and questioning callers.

Addiction, Mental Health,
& Problem Gambling Services **1-866-531-2600**

Post-Secondary Student Helplines

Good2Talk **1-866-925-5454**

Keep.meSAFE **1-844-451-9700**

COMMUNITY RESOURCES

TSC Crisis & Mental Wellness Centre **519.973.4435**
744 Ouellette Ave. 8 am to 8 pm

TSC Wellness Program **519.257.5224**

Mood/Anxiety Treatment Program **519.257.5125**

Wellness Program for
Extended Psychosis **519.257.5111**

Geriatric Assessment Program **519.257.5112**
Geriatric Mental Health Outreach Team
Hôtel-Dieu Grace Healthcare **519.257.5105**

Family Service Windsor **519.966.5010**
1770 Langlois Ave.

Bulimia Anorexia Nervosa Association **519.969.2112**
1500 Ouellette Ave., Suite 100

Maryvale Adolescent
Family Services (Ages 11-17) **519.258.0484**
3640 Wells Street

Teen Health Centre (up to Age 24) **519.253.8481**
1361 Ouellette Ave. (WECHC)

Sandwich Community Health **519.258.6002**
3325 College Ave. (WECHC)

Pozitive Pathways **519.973.0222**
511 Pelissier St.

Mental Health Connections **519.256.4854**
370 Erie Street East
NAMI Family to Family Education Program

Noah's House (Youth Mental Health) **519.250.9096**
2343 Pillette Rd

The House Youth Centre **519.736.6811**
247 Brock St., Amherstburg

Essex County Youth Diversion **519.253.3340**
1821 Provincial

The Bridge Youth Center **226.773.3454**
310 Sherk St, Leamington, ON

LaSalle Hangout for Youth **519.970.9629**
1400 Front Rd, LaSalle, ON

Alzheimer Society of Windsor-Essex **519.974.2220**
2135 Richmond Street

Life After Fifty (LAF) (2 locations) **519.254.1108**

Can-Am Indian Friendship Centre **519.253.3243**
1699 Northway Ave.

COAST - Windsor Team **519.973.4409**
Mental Health Response Unit Essex: **519-723-4600**
Leamington: **519-324-0123**
Mental Health Support Team LaSalle: **519-250-5048**
Amherstburg: **519-736-0208**

Multicultural Council of Windsor **519.255.1127**

New Canadians' Centre of Excellence **519.258.4076**

YMCA of Windsor Essex County **519.258.9622**

Windsor Family Health Team **519.250.5656**
Unit 245 - 2475 McDougall

Southwest Ontario Aboriginal Health Access Centre
1405 Tecumseh Rd. West Unit 2 **519.916.1755**

Ontario Works **519-255-5200**
For Applications: **519-255-5600**
Ontario Disability Support Program **519.254.1651**
270 Erie St. E

Windsor Pride **519.973.4656**
1770 Langlois Ave.

50+ Proud: Gay and Gray **519.973.4656**
1770 Langlois Ave.

Trans Wellness Ontario **226.674-4745**
1435 Tecumseh Rd. E.

Windsor Residence for Young Men **226.221.8464**
1505 Langlois Ave. (ages 16-20)

Community Legal Aid **519.253.7150**

Legal Assistance of Windsor **519.256.7831**

The Downtown Mission of Windsor **519.973.5573**
664 Victoria Ave.

The Windsor Youth Centre
(program of the Downtown Mission) **226.674.0006**
1247 Wyandotte St. E.

Julian's House (Bereavement/Grief) **519.945.2273**

