

## ADDICTIONS

Alcoholics Anonymous	519.256.9975
Brentwood Recovery	519.253.2441
Cocaine Anonymous	519.788.3889
Concurrent Disorders Treatment HDGH,1453 Prince Road	519.257.5125
Windsor Addiction Assessment & Referral	519.257.5220
DART	1.800.565.8603
House of Sophrosyne (women only)	519.252.2711
Narcotics Anonymous	519.977.8063
Salvation Army	519.253.7473
S.T.A.G.E.S. Group, CMHA	519.255.7440
Withdrawal Management Centre	519.257.5225
Women for Sobriety	519.256.1497
S.T.E.P.S. (1-1 support)	519.997.2824
Centre for Problem Gambling/Digital Dependency- HDGH 1453 Prince Rd.	519.254.2112
Aids Committee of Windsor-Harm Reduction	519.973.0222
Recovery Inc.	519.326.3635
New Beginnings Non-Residential Attendance Centre	519.971.0973

## EMERGENCY SHELTERS

Downtown Mission	519.973.5582
875 Ouellette Ave.	
Salvation Army (men only)	519.253.7473
355 Church Street	
Welcome Centre (women only)	
263 Bridge Avenue	519.971.7595
Access County Community Support Services Emergency Housing Hotline	519.981.2599

## ONLINE & PHONE SUPPORT

Bounce Back	1.866.345.0224
www.bouncebackontario.ca	
TogetherAll	www.togetherall.com
Kids Help Phone	1.800.668.6868
We Help First	www.w.wehelpfirst.ca
<u>More Resources</u>	
WEC Health Unit	519.258.2146

**Community Info & Referral: 211**  
**Mental Health Education & Training -**  
**Suicide Prevention 519.255.7440**  
ext.234 [mhp@cmha-wecb.on.ca](mailto:mhp@cmha-wecb.on.ca)



**Canadian Mental  
Health Association**  
Windsor-Essex County

*Community well-being is our sole focus.*

**For more resources  
in Windsor Essex  
please call 211  
or visit: [211ontario.ca](http://211ontario.ca)**



**COMMUNITY  
RESOURCES**

## CRISIS SUPPORT



### Community Crisis Centre

**24 Hour Crisis Line: 519-973-4435**

Hotel Dieu Grace Healthcare—Walk-in at TSC (744 Ouellette) 8am-8pm (After 8pm, go to WRH Emergency)

### Windsor Regional Children's Centre

3901 Connaught Avenue **519.257.5215**

### Sexual Assault Crisis Centre

Crisis support and counselling for people who have experienced sexual violence **24 Hour Crisis Line: 519-253-9667**

### Hiatus House **24 Hour Crisis Line: 519-252-7781**

Crisis support, emergency shelter for women and children experiencing domestic violence

### Drouillard Place **519.253.1073**

1102 Drouillard Road **519.253.4446**  
Mon-Fri 8:30am-4:30pm \*Must live within agency boundaries

### Windsor-Essex Children's Aid Society

**1.800.265.5609**

### Kids Help Phone

**1.800.668.6868**

Texting available 686868

### MHRU County Team (Crisis/OPP) **519.723.4600**

(Mental Health Response Unit)

### Translifeline **877.330.6366**

Trans Lifeline's Hotline is a peer support service run by trans people, for trans and questioning callers.

### Addiction, Mental Health, & Problem

**Gambling Services 1-866-531-2600**

### Post-Secondary Student Helplines

**Good2Talk 1-866-925-5454**

**Keep.meSAFE 1-844-451-9700**

For international students. 24/7 confidential support.

## MIND, BODY & SPIRIT

### TSC Crisis & Mental Wellness Centre

744 Ouellette Ave. 8 am to 8 pm **519.973.4435**

**Wellness Program 519.257.5224**

**Mood/Anxiety Treatment Program - HDGH 519.257.5125**

**Wellness Program for Extended Psychosis 519.257.5111**

**Geriatric Assessment Program 519.257.5112**

Geriatric Mental Health Outreach Team  
Hôtel-Dieu Grace Healthcare **519.257.5105**

**Family Service Windsor 519.966.5010**  
1770 Langlois Avenue

**Bulimia Anorexia Nervosa Association 519.969.2112**  
1500 Ouellette Avenue, Suite 100

**Maryvale Adolescent/Family Services 519.258.0484**  
3640 Wells Street \*Ages 11-17

**Teen Health Centre (up to age 24), WECHC 519.253.8481**  
1361 Ouellette Ave.

**Sandwich Community Health 519.258.6002**

WECHC 3325 College Avenue  
(corner of College Ave. & Brock)

**Aids Committee of Windsor 519.973.0222**  
511 Pelissier St.

**Mental Health Connections 519.256.4854**  
370 Erie Street East

**NAMI Family to Family Education Program**

**50+ Proud: Gay and Gray 519.973.4656**  
1770 Langlois Ave.

**Young and Proud 519.973.0222**  
511 Pelissier Street Toll Free: 1.800.265.4858

**Youth Diversion 519.253.3340**  
**Essex County Diversion Program 1821 Provincial**  
**Southwest Ontario Aboriginal Health Access Centre (SOAHAC) 1405 Tecumseh Rd. West Unit 2 519.916.1755**

**Alzheimer Society of Windsor-Essex 519.974.2220**  
2135 Richmond Street

**Life After Fifty (LAF) 2 locations 519.254.1108**

**Can-Am Indian Friendship Centre 519.253.3243**  
1699 Northway Ave.

**COAST – Windsor Team 519.973.4409**

**Multicultural Council of Windsor 519.255.1127**

**New Canadians' Centre of Excellence 519.258.4076**

**YMCA of Windsor Essex County 519.258.9622**

**Windsor Family Health Team 519.250.5656**  
Unit 245 - 2475 McDougall

**CMHA Health Centre 519.971.0116**  
CMHA-WECEB, 1400 Windsor Ave.

**Financial Fitness 519.258.2030**

**Ontario Disability Support Program 519.254.1651**  
270 Erie St. E

**The Windsor Youth Centre 226.674.0006**  
(program of the Downtown Mission)  
open M-Sat. 5-10PM 1247 Wyandotte St. E.

**Windsor Pride 519.973.4656**  
1770 Langlois Ave.

**W.E. Trans Support 226.674-4745**  
1435 Tecumseh Rd. E.

**The House Youth Centre 519.736.6811**  
247 Brock St. Amherstburg

**Windsor Residence for Young Men 226.221.8464**  
\*ages 16-20 1505 Langlois Ave.

**Community Legal Aid 519.253.7150**

**Legal Assistance of Windsor 519.256.7831**

**The Downtown Mission of Windsor 519.973.5573**  
664 Victoria Ave.

