

2020-2022 Strategic Plan

| Strategic Direction<br>*Quadruple Aim                                     | Outcome               | Priority                              | Initiatives  | Tactics   |
|---|-----------------------|---------------------------------------|--|---|
| <b>Better Patient &amp; Population Outcomes</b><br>*System Transformation | <b>Access to Care</b> | Minimize barriers to access & service | 1. Reduce wait times<br><br>2. Improve transitions in care<br><br>3. Redesign CHC patient flow | <ul style="list-style-type: none"> <li>• Program Redesign based on stepped care model (ICM, EI, Bereavement, Concurrent)</li> <li>• Focused care based on improved assessment tools and goal setting</li> <li>• Acute care to Community Programs</li> <li>• After care/Rapid re-entry</li> <li>• Transfers from GMHOT</li> <li>• Referrals to PC from Coordinated Access</li> <li>• Same day/next day appointments</li> </ul> |
|   |                       | Health equity & social responsibility | 1. Focus on special population needs<br><br>2. Indigenous Healthcare                           | <ul style="list-style-type: none"> <li>• Newcomers, Agricultural workers, Substance-use disorders</li> <li>• ICS training for all staff</li> </ul>  |
|   |                       | <b>System Navigation</b>              | Lead collaborative initiatives to build an integrated seamless system of MH&A services         | 1. Single point of access expansion<br><br>2. Maximize Community MH&A funding   |

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|   |  |   | 3. Integration of MH&A with Primary Care<br><br>4. Improved access to care coordination for CHC clients<br><br>5. Team Care   | <ul style="list-style-type: none"> <li>• Determine Peer Support Model (incl. new Vocational Maintenance model)</li> <li>• Expand Team Care model</li> <li>• Leverage Health Link model to engage solo practitioners</li> <li>• Implement Depression workshop</li> <li>• Obtain embedded LHIN clinical care coordinator(s)</li> <li>• Creation of MH&amp;A Pharmacy Collaboration</li> <li>• Create an internal pathway to connect TCC clients with MH&amp;A services to improve transitions of care</li> </ul> |
| <b>Better client, family, caregiver experience</b><br>*Client/Service effectiveness | <b>Effective &amp; Appropriate</b><br><br><br><b>Health-related quality of life improved</b> | Highest quality, people & community centered care<br><br><br>Community vitality & belonging | 1. Include clients as partners in their care<br><br>2. Re-Launch of the CHC program<br><br>1. Increase mental health awareness through education, advocacy & community engagement | <ul style="list-style-type: none"> <li>• Continue recovery orientation Implementation</li> <li>• Commitment to co-design</li> <li>• Develop supports for families</li> <li>• Rebranding and public re-grand opening of the CHC</li> <li>• Continue to grow the Sole Focus Project (e.g. other branches, zero suicide program, responsible use of substances)</li> <li>• Improve coordination of MH promotion services across WE (in partnership with WEPHU)</li> </ul>   |

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|--|-------------------------------------|--|---|--|
|  |                                     |  | 2. Social prescribing   | <ul style="list-style-type: none"> <li>• Embed in CHC operations</li> <li>• Partner with Hospice and LAF to connect clients with social supports</li> </ul>  |
| <b>Better value &amp; efficiency</b><br>*Organizational Capacity | <b>System resources optimized</b>   | Demonstrate value for money  | 1. Utilize evidence-informed research & data to measure program outcomes<br><br>2. Implement Right-sizing Project<br><br>3. Liaise with partners to determine best utilization of resources | <ul style="list-style-type: none"> <li>• ICM review</li> <li>• Staff develop/monitor Program scorecards</li> <li>• Benchmark against other high performance org.</li> <li>• Align new staffing enhancements with strategic layoffs to help address near-term structural deficit</li> <li>• Continue work with other providers to deliver bereavement services of varying intensity</li> <li>• Develop integrated housing supports</li> </ul> |
| <b>Better Provider experience</b><br>*Community Engagement       | <b>Confidence in the system</b>     | Ensure Programs and Services are responsive to the evolving needs of the community | 1. Engage in ongoing collaborative planning with partners<br><br>2. Continue to develop and implement Recovery Orientation  | <ul style="list-style-type: none"> <li>• OHT Planning &amp; SRAT</li> <li>• Participate in developing a WE Addictions system</li> <li>• Offer CMHA MH promotion activities to other Primary Care Providers &amp; WEPHU</li> <li>• Enhance opportunities for clients and families to participate in program development</li> <li>• Introduce peer support workers</li> </ul>  |
|  | <b>Provider health is supported</b> | Invest in our people   | 1. Retool Project   | <ul style="list-style-type: none"> <li>• Investment in strategic professional development for leadership and staff</li> </ul>  |

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|---------------------------------------|---------|---------------------------------|---|--|
|                                       |         | Commitment to healthy workplace | 1. Psychological Health & Safety Standard | <ul style="list-style-type: none"> <li>Develop/implement work plan based on 2019 survey results</li> </ul> |