



Canadian Mental
Health Association

Association canadienne
pour la santé mentale
Windsor-Essex

The Carol Mueller Mental Health Champion Award

The Canadian Mental Health Association, Windsor-Essex County Branch (CMHA-WECB) awards the Carol Mueller Mental Health Champion award annually at the Breakfast of Champions event held each May during Mental Health Week. The award is presented to an organization or individual that continues the legacy of Carol to educate, raise awareness, and create a culture of help-seeking behaviour in Windsor and Essex County.

Carol Mueller was a mental health educator and consultant to many community agencies, in addition to her role as Executive Director with Alive! Canada. Carol was a dedicated and tireless advocate of suicide prevention and awareness. Her far-reaching message of suicide education and prevention undoubtedly saved lives.

CMHA-WECB has committed to keeping Carol's legacy alive, not only by naming this award after her, but by continuing her great work. Together with our community partners and citizens, CMHA-WECB pledges to carry on the work of educating, raising awareness and training as many people as possible in suicide prevention and intervention, and in Carol's words "create a culture of help-seeking behavior in Windsor and Essex County".



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2019 NOMINATION FORM

A) NOMINEE INFORMATION

Name of Nominee(s)	
Address	
Phone Number	
Email	
Website and/or Social Media Channels	

B) NOMINATOR INFORMATION

Name of Nominator	
Address	
Phone Number	
Email Address	
Website and/or Social Media Channels	

Where did you learn about the call for nominations?

- Social Media
 CMHA Website
 Word of Mouth
 Other, please specify: _____

PRIVACY POLICY: CMHA Windsor-Essex protects personal information. We adhere to all legislative requirements regarding privacy. Information provided in this nomination form will be used solely to facilitate the Mental Health Champion Award nomination & selection process. If you have any questions, please contact the CMHA Windsor-Essex office at 519-255-9940 x161.



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Please include with this form:

- At least one supporting statement and/or article (for example, a newspaper article, blog post, artwork, audio file, song, etc.) about the nominee and why you have chosen to nominate them
- You may also submit up to two letters of support for the nomination

When preparing your supporting statement and requesting letters of support you may wish to consider the following questions:

1. In under 500 words, please explain why you are nominating this individual or organization.
2. Is there a specific event or accomplishment you would like to highlight that emphasizes their commitment to mental health?
3. Please describe how this individual or organization made a significant contribution to one of the selection criteria areas:
 - a. Reducing stigma experienced by people with mental illness
 - b. Providing support or treatment to people with mental illnesses, their families and/or caregivers
 - c. Advocacy for issues related to mental health (including individual needs, family needs, service delivery and systemic issues)
 - d. Advancing knowledge in the area of mental illness/health research

SUBMISSION DEADLINE:

***Please submit your full nomination package before midnight on
Friday, March 29, 2019***

The nomination package may be received by email, at kwillis@cmha-wecb.on.ca. You may also deliver your package to us in person, or mail it to us at:

CMHA, Windsor-Essex County Branch
Attention: Kim Willis
1400 Windsor Ave., Windsor, ON N8X 3L9

In order for your nomination to be considered, it must be delivered to us by the deadline.

Thank you for recognizing a local mental health champion!

The Mental Health Champion Award is given annually at the Breakfast of Champions.
To purchase tickets visit: <https://www.windsor-essex.cmha.ca>.