



## 2018 COMMUNITY RESOURCES

### CRISIS INTERVENTION

Windsor Regional Children's Centre 519.257.5215  
3901 Connaught Avenue Crisis Services

Distress Centre of Windsor-Essex 519.256.5000  
12:00 noon – 12:00 Midnight Crisis

Drouillard Place 519.253.1073, 519.253.4446  
1102 Drouillard Road Mon-Fri 8:30am-4:30pm  
\*Must live within agency boundaries

Community Crisis Centre 519.973.4435  
Hotel Dieu Grace Healthcare 24 Hour Crisis Line  
Walk-in at TSC (below) or  
1030 Ouellette Ave ER after 8pm

### ASSAULT / VIOLENCE

Sexual Assault Crisis Centre 519.253.3100  
1770 Langlois Avenue 24 Hour Crisis: 519.253.9667

Hiatus House 519.252.7781  
Emergency shelter and Toll Free 1.800.265.5142  
Crisis intervention for women TDD: 519.252.2768  
and their children experiencing domestic violence.

SOS Femmes Crisis Line 1.877.336.2433  
Francophone women eligible 24 Hour Crisis  
Toronto, ON

### EMERGENCY SHELTERS

Downtown Mission 519.973.5573  
664 Victoria Avenue

Salvation Army (men only) 519.253.7473  
355 Church Street

Welcome Centre (women only) 519.971.7595  
263 Bridge Avenue

### HOSPITALS WITH PSYCHIATRIC SERVICES

Windsor Regional Hospital 519.973.4444  
1030 Ouellette Avenue

### MENTAL HEALTH SERVICES

#### Treatment, Support, Education

CMHA-WECB service intake 519.973.4435  
@ TSC 744 Ouellette

Transitional Stability Centre (TSC) 519.257.5224  
744 Ouellette Ave. Walk-in or call ~ daily 8 am to 8 pm

Mood/Anxiety Treatment Program 519.257.5125  
Hotel Dieu Grace Healthcare, 1453 Prince Road

Mental Health Services Info Ontario 1.866.531.2600

Wellness Program for Extended Psychosis 519.257.5111  
Hotel Dieu Grace Healthcare, 1453 Prince Road

MHRU County Team (Crisis/OPP)  
(Mental Health Response Unit) 519.723.4600

COAST – Windsor Team 519.973.4409

### COUNSELLING

Family Service Windsor 519.966.5010  
1770 Langlois Avenue (walk-in clinics available – call for  
days/times/locations) or <https://fswe.ca>

Teen Health Centre (up to age 24) 519.253.8481

Windsor Essex Comm. Health Centre 519.258.6002

Counselling for Dep/Anxiety – CMHA 519.973.4435

### SOCIAL & SELF-SUPPORT

Mental Health Connections 519.256.4854  
370 Erie Street East

Mood Disorders Self-Support Group TBA

Can-Am Friendship Centre 519.253.3243  
2929 Howard Avenue

Recovery Inc. 519.326.3635 Cindy 519.727.5916 Rose  
519.324.0429 Carolyn

### FAMILY EDUCATION & SUPPORT

#### *NAMI Family to Family Education Program*

WINDSOR  
Mental Health Connections, 370 Erie Street East  
**Contact:** Jean Laforge 519.256.4854

### SUICIDE PREVENTION AND MENTAL HEALTH EDUCATION

Canadian Mental Health Association, WE 519.255.7440  
1400 Windsor Ave. [www.windsorsex.cmha.ca](http://www.windsorsex.cmha.ca)

### GENERAL INFORMATION

Community Information and Referral 211

### ADDICTIONS

Alcoholics Anonymous 519.256.9975

## **(ADDICTIONS Cont'd)**

Brentwood Recovery	519.253.2441
Cocaine Anonymous	519.788.3889
Concurrent Disorders Treatment Hotel Dieu Grace Healthcare, 1453 Prince Road	519.257.5125
Windsor Addiction Assessment & Referral	519.257.5220
DART	1.800.565.8603
House of Sophrosyne ( <i>women only</i> )	519.252.2711
Narcotics Anonymous	519.977.8063
Salvation Army	519.253.7473
S.T.A.G.E.S. Group, CMHA Concurrent Disorders Support Group, 1400 Windsor Ave	519.255.7440
Withdrawal Management Centre	519.257.5225
Women for Sobriety	519.256.1497

## **MEDICAL**

City Centre Health Care, CMHA-WECB, 1400 Windsor Avenue	519.971.0116
Windsor Essex Community Health Centre 3320 College Avenue	519.258.6002
OHIP 400 City Hall Square, Suite 205	519.973.1385
Essex County Medical Society	519.256.4611

## **LEGAL RESOURCES**

Community Legal Aid	519.253.7150
Legal Assistance of Windsor	519.256.7831
Windsor-Essex Bilingual Legal Clinic	519.253.3526

## **YOUTH**

Bulimia Anorexia Nervosa Association 1500 Ouellette Avenue, Suite 100	519.969.2112
Maryvale Adolescent/Family Services 3640 Wells Street *Ages 11-17	519.258.0484
Teen Health Centre, WECHC	519.253.8481

## **LGBTIQ FRIENDLY SERVICES**

50+ Proud: Gay and Gray 440 Pelissier Street	519.973.4656
Out on Campus University of Windsor	519.253.3000 ext. 4093 <a href="http://uwindsor.ca/ooc">http://uwindsor.ca/ooc</a>

## **(LGBTIQ Cont'd)**

Metropolitan Community Church 1680 Dougall Avenue	519.977.6897
Mike Cardinal Counselling 3277 Sandwich Street (Group / individual counselling for Gay / Bisexual men)	519.258.1069
Windsor Pride Community 440 Pelissier Street	519.973.4656
SAFE: A Gay-Straight Alliance. Professionals Advocating for the Needs of LGBTTIQ2S Children, Youth and Families in Windsor-Essex	519.253.8481 ext. 248
Young and Proud 511 Pelissier Street	519.973.0222 Toll Free: 1.800.265.4858

## **OLDER ADULTS**

Alzheimer Society of Windsor-Essex 2135 Richmond Street	519.974.2220
Geriatric Mental Health Outreach Team Hotel Dieu Grace Healthcare, 1453 Prince Road	519.257.5105
Geriatric Assessment Program Hotel Dieu Grace Healthcare, 1453 Prince Road	519.257.5112
Life After Fifty (LAF) 2 locations	519.254.1108

## **FINANCIAL**

Ontario Works 400 City Hall Square – Windsor 215 Talbot Street – Leamington	519.255.5600 519.255.5200 519.946.9988
Ontario Disability Support Program 270 Erie Street East - Windsor	519.254.1651
Service Canada 400 City Hall Square - Windsor	1.800.277.9914
Financial Fitness	519.258.2030

## **HOUSING**

Central Housing Registry 2470 Dougall Avenue, Unit 6 – Windsor 15C Talbot Street North – Essex	519.254.6994 519.776.4631
Housing Information Services 3450 Ypres, Suite 200 - Windsor	519.254.4824
Windsor-Essex Comm. Housing Corp	519.254.1681
Windsor Residence for Young Men 1505 Langlois - *Ages 16-20 Men Only	226.221.8464
Windsor-Essex Housing Connections Family Services Windsor-Essex	519.256.5258