



**Youth Diversion**  
Essex County Diversion Program



## Teen Intervene

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## Teen Intervene

Teen Intervene is a tested, time efficient, evidence-based program for teenagers 12-17 suspected of experiencing mild or moderate problems associated with alcohol or other drug use; the program can also include their parents or guardians. The Teen Intervene program integrates the stages of change model, motivational interviewing and cognitive-behavioral therapy. Teen Intervene helps youth identify the reasons they have chosen to use alcohol or drugs, examine the effects of substance abuse in their lives, participate in harm reduction via goal setting and learn to make healthier choices.

