

For more information about our Neighbourhood of Care, Site Partnership Program, or to download an **electronic version** of this document please visit our website at:
www.learmingtonhospital.com

OR

Call our Mental Health and Addiction Department

519.326.2373 ext. 4522

*Programs and service offerings are a result of your feedback in our community needs analysis.
Thank you!*



24 Hour Crisis Line

519-973-4435

Ontario Provincial Police Mental Health Response Unit

Monday through Friday

8am-6pm

519-324-0123

519-723-4600

Fast Access to Community Experts (FACE)

1-844-372-5446

Helplines

Drug & Alcohol

1-800-565-8603

Mental Health

1-866-531-2600

Problem Gambling

1-888-230-3505

Leamington District Memorial Hospital
194 Talbot St. West
Leamington, ON
N8H 1N9

Phone: 519.326.2373
Email: connect@ldmh.org
Twitter: @LDMHconnect
Facebook: /connectLDMH

The LDMH Neighbourhood of Care



**Call us at
519.326.2373
Ext. 4522**

On Site Services at LDMH

Walk In Counselling

Adult, Family & Couples

Family Services Windsor Essex

Mondays 10am-4pm (except holidays)

NO WAIT LIST 1-888-933-1831

Maryvale

Walk-In Counselling-no appt needed

Tuesdays & Wednesdays 10am to 4pm

Ongoing-May self-refer or attend

Walk-In to register

Fridays 10am-4pm, by appointment

Ages 13-17

519-258-0484

VON Chronic Pain Management

Assessment & Referral Program

Wed, Thurs & Fri by appointment

Call 1-855-419-5200 for more info

Chronic Pain Counselling

Available following Assessment by VON

Tuesdays by appointment

Canadian Mental Health Association

Wednesdays 10am to 2pm

519-255-7440 ext. 357 OR 387

Family Services Windsor Essex

Client Intervention Program

Thursdays 9 am to 12 pm

1-888-933-1831

Hotel Dieu Grace Hospital

Problem Gambling Services

Fridays 8am to 4pm

519-254-2112

Mental Health Resource Nurse

Monday-Friday

8am to 4pm, by appointment

519-326-2373 ext. 4522

Local & On Site Services

Hiatus House

Intake & Service Co-Ordination

Mondays 9am-4pm

519-252-1143 ext. 2249

Erie St. Clair Clinic

Opiate Replacement /Addictions Counselling

Located at 15 John Street

519-946-9499

W5-Windsor Women Working with Immigrant

Women (open to Men & Women)

Service in multiple languages

Wednesdays 10am to 4pm

519-973-5588 ext. 302

STOP Program

(Smoking Treatment for Ontario Patients)

Partnership with CAMH

Counselling and Nicotine Replacement

519-326-2373 ext. 4522

Community University Partnership

Individual and Group Programming & Support

Forms clinic, Anger Management and more

Contact LDMH for details (October 2016 start)

Regional Children's Centre

Crisis Assessments in *Emergency Department*

For Youth under 16 years old

Mon-Fri 8am to 11pm, W/E's/Holidays 8am-10pm

Crisis Service available via Telemedicine

Please Note:

All Programs, days and times are subject to change.

While every effort is made to ensure accurate information, we recommend contacting LDMH or individual programs to avoid disappointment.

Education & Support Groups

National Alliance on Mental Illness (NAMI)

Family Education Program

Call to reserve your spot in the next session

519-326.2373 ext. 4522

Mood Disorders Support Group

1st & 3rd Wednesdays of the month

7pm-9pm

519-733-0654

Fresh Start Women's Program

Weekly Group Run by Hiatus House

Call 519-252-1143 ext. 2249 for Intake

Canadian Mental Health Association

Free Public Education Sessions

4th Wednesday of Each Month

From 2-3pm in First Floor Training Room

Mental Health Connections

Group Programming, Activities and Education for individuals with Mental Health Issues

Starts September 20, 2016

Call 519-256-4854 to start your intake

Ontario Telemedicine Studio (OTN)

Videoconference securely with service providers from all across Ontario, while staying close to home!

Ask your out-of-town specialist if they use OTN, or call us to learn more.