

Aspiring Workforce Report

The Problem:

90% of Canadians living with mental illness are unemployed due to inadequate support and stigma.

The Solution:

Trained staff to help identify client's abilities and nurture the client to explore, develop, and utilize their own skills towards employment.

How To Apply:

Contact your CMHA Community Support Worker to complete the "[CMHA & ACTI Referral Form](#)" ensuring both you and the worker sign in agreement that you wish to pursue services.

Take a minute to hear from some of our participants and take a guided video tour...

<http://www.youtube.com/watch?v=wXwrLwYHFRM>

Accessing our Services:

For further information please contact:

CMHA-WECB
1400 Windsor Avenue,
Windsor, Ontario N8X 3L9
(519) 255 - 7440
www.cmha-wecb.on.ca

Funding:

Ministry of Health and Long Term Care

Service Hours:

Monday to Friday, 8:30 to 4:30 pm
(flexible as required)

Administrative Lead:

Manager, Housing, Facilities & Employment Services

*** A completed CMHA-WECB referral form is required**



Canadian Mental Health Association
Association canadienne pour la santé mentale
Windsor-Essex

Employment Support Services



"It changed my outlook on being able to find work. I've been out of work for many years, and acquired many interviews with their help, ultimately gaining employment "

- Program Participant



Services

- Employment Planning & Assessment
- Customized Resume & Cover Letters
- Behavioural / Traditional / Situational Interview Preparation
- Targeted local market job leads
- Computer / Job Search / Work Related Skills Training
- Experiential on-the-job training
- Health & Safety Training



Higher Employment Rate



Longer Job Duration

“They helped to motivate me regarding both job and personal goals. I realized I was falling and I learned how to pick myself back-up.”
 - Program Participant



Better Completion Rate



Rewards & Benefits

- Greater satisfaction with finances and leisure
- Completion of recovery
- Improved self-esteem, self-worth, and purpose
- Increased relations and social inclusion
- Better wellness (mental & physical)



Individual Placement & Support Model

This model provides intensive employment supports and comprises the main program focus for clients referred by CMHA Case Management Services through an integrated service model.



Longer Ongoing Support

Program Requirements:

Individuals residing in Windsor - Essex County, connected to CMHA Services, over 16 years of age, who are experiencing a serious mental illness who have the interest and motivation to work.



Better Client Satisfaction