

**MAKING A DIFFERENCE  
IN OUR COMMUNITY**



**WE BELIEVE**

**Children with disabilities are valued and have a right to fully participate in our community.**



**FAMILY RESPITE SERVICES**

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Family Respite Services is funded by the Ministry of Community and Social Services/Child & Youth Services, one-time grants and fundraising through our community.



**FAMILY RESPITE SERVICES**



**Supporting families caring for  
children with disabilities  
in Windsor/Essex County.**

## FAMILY RESPITE SERVICES

Family Respite Services began with the vision of families in Windsor and Essex County. The service is designed to provide individualized, flexible, family-centered relief to families caring for children with developmental and/or physical disabilities. FRS provides respite care for children from the ages of 0-18 years in the Windsor and Essex County area.



## OUR MISSION

We are an organization that works with families caring for children with developmental and/or physical disabilities. We assist families living in Windsor and Essex County by providing respite services that:

Enrich the quality of the family's life.  
Seek the fullest participation of the child in the community.

## RESPITE CARE

Families who have children with disabilities often experience stress because of the extra demands they face as parents. Respite care is a time when someone else cares for the child to give the family a break. It is also a time when the child/youth can plan times away from family to do different kinds of activities, participating in community activities and make new connections.

Family Respite Services provides this service by matching screened caregivers with the child and family. One option for this is for families and respite providers to use an on line tool called [respiteservices.com](http://respiteservices.com). Families register through FRS and [respiteservices.com](http://respiteservices.com), enabling them to advertise for a respite provider once they have funds to purchase service. Screened respite providers also register so that families are aware of their skills, availability and experience. FRS helps to bring people together for this matching process. No identifying information (names, addresses etc.) is given until everyone is ready for that step. More information is available through FRS or by visiting [www.respiteservices.com](http://www.respiteservices.com) (Windsor-Essex). Families make the decision about who is best suited to care for their child and provide training for the respite provider about the particular needs of their child.

Respite care is a vital service for families. This flexible support helps to strengthen families so that they can continue to support their child at home. Plans are developed to suit each family and child. Service can be provided in the family's home, in the community, in the home of a respite provider or in a staffed respite home that is managed by FRS.



## RESPITE SUPPORTS

### IN-HOME RESPITE

Caring for the child in the family's home and in the community.

### ASSOCIATE FAMILIES

Families in the community welcome a child with special needs into their home for a weekend stay once a month.

### STAFFED RESPITE OPTIONS:

**Weekend with Friends** — Children stay at the home for a weekend on a regular basis.

**Spago Home** — for children with developmental and physical disabilities.

### SPECIAL SERVICES AT HOME (SSAH)

Support worker in the family's home and in the community engaging in meaningful activities with a child with a disability.

## SPECIAL PROJECTS

### OUR TIME

Respite based programs in a local Community Centre funded by grants for children to take part in recreational-based activities with other children from the community.

### SIBLING SUPPORT

Siblings of children in the FRS program attend once a month for a chance to interact with other children who have a sibling with a disability.