

INTRODUCTION

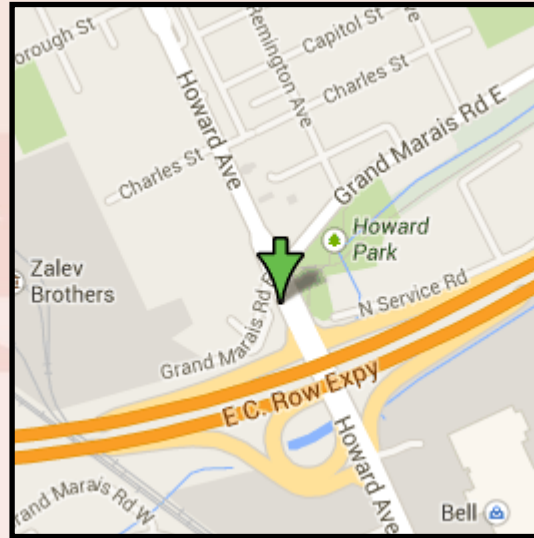
Funded by the Ministry of Health and Long-term Care, the Aboriginal Community Mental Health Program provides culture based mental health services to Aboriginal people regardless of their legal definition. Program services include supportive counselling, cultural support services, education and awareness, intervention, advocacy, intakes and assessment, and referrals. Delivery of cultural sensitivity for mainstream service providers is a key component in addressing partnerships. All programming is LGBTTIQQ and two-spirited welcoming.

PROGRAM GOAL

To provide individualized assessment, care planning and evaluation of services provided to the client and advocacy on behalf of the client as needed.



Our location



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**ABORIGINAL
COMMUNITY MENTAL
HEALTH WORKER
PROGRAM (ACMHW)**



*For self-identified Aboriginal
people 16 years of age and older*



GENERAL DESCRIPTION

Services are primarily one to one, but they are also provided in group settings such as Anger Management workshops. The two main services provided are cultural support services and counselling. Traditional programming is integrated in the counselling services and cultural support services. These services include but are not limited to: Sweat Lodge Ceremonies, Pipe Ceremony, Cedar Bath, Talking Circles, Full Moon Ceremonies, Sharing Circles and One on One sessions with Traditional Healers.

PROGRAM OBJECTIVES

1. To maintain a working relationship and to network with government and social agencies concerned with the mental health of urban Aboriginal people.
2. To provide mental health program and services to urban Aboriginal people regardless of their legal definition.
3. To promote culturally appropriate mental health services for clients; and
4. To provide Aboriginal cultural sensitivity training to mainstream mental health service providers as a key component in addressing partnerships and a continuum of care for Aboriginal clients.

COMMUNITY OUTREACH & PREVENTION

- Linking and networking with native and non-native agencies, organizations, services, to promote and provide services for clients who are experiencing mental health issues.
- Promoting culturally appropriate, social/recreational and program activities that minimize the negative effects of mental health issues in the Aboriginal individual, family and community.
- To provide culturally appropriate alternatives to existing mainstream programs.



COMMUNITY EDUCATION/AWARENESS

- Research and develop culture-based mental health information material.
- Design, develop and deliver mental health educational presentations to individuals, families, community organizations and services.
- Design, develop and deliver cultural awareness training to mainstream service providers.

INTERVENTION

- Provide assistance to individuals, families or communities who request assistance or information concerning mental health services.
- Make initial contact with client (individual, family or community) or with significant concerned other.
- Assist in arranging for emergency assistance as may be required for clients to access Mental Health Services internally or externally.

REFERRAL

- Research, network and outreach with Native and non-Native services which will assist clients in addressing mental health issues and any other referral services required i.e. Shelters, Housing, Legal Services, Jails, Medical Services Branch.